



**Message from Mayor Rick Goldring  
National Family Dinner Night – September 15, 2011**

On behalf of Burlington City Council, I extend my thanks and appreciation to M&M Meat Shops for their continued support of the Crohn's and Colitis Foundation of Canada. You not only raise awareness of this important cause, but have also raised considerable funds through contributions of your customers and employees with initiatives like the National Family Dinner Night.

I am very pleased to offer my support of M&M Meat Shops' annual National Family Dinner Night. Family dinners play an important role in connecting and building relationships – offering the opportunity to share the days' activities while sharing a great meal.

I have many fond memories of sharing family dinners with my parents, siblings and extended family members – a tradition I have continued to enjoy as often as possible with my own family.

Best wishes to all the families in Burlington, and across Canada, who will participate in the National Family Dinner Night on September 15, 2011.

*"The family was an art ... and the dinner table was the place it found expression".* Don DeLillo, author.

Bon appétit!

A handwritten signature in black ink that reads "Rick Goldring". The signature is written in a cursive, flowing style.

Rick Goldring, Mayor  
City of Burlington